

## **THE IMPACT OF POVERTY ON THE LIFE OF MAN**

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### **ABSTRACT**

The study adopted explanatory research design, the research strategy used was cross-sectional survey, the research approach used was qualitative research approach, the population of the study was 10 authors, the sampling design were research into published papers by journals and papers published at various websites. The source of data collection was primary source and the method of data collection was research into published papers. The problem statement of the study was "The impact of poverty on the life of man" The objectives of the study was achieved through research. The background of the study was brief introduction of poverty. The study found out the causes of poverty, the effects of poverty on family, society, children, education and health. The study concluded that poverty had affected the life of man badly. The study recommended that governments should stabilize the economy of their countries to improve the living standards of their people, parents must work hard to send their children to school and help them to advance their education to get better jobs in the future and governments ought to set-up institution to educate the public on how to come out of poverty.

### **BACKGROUND OF THE STUDY**

#### **INTRODUCTION**

Poverty is a state of being whereby one lacks the basic needs in life. Poverty comprises of social, economic and political elements but it can be grouped into two main types namely, absolute poverty and relative poverty. Absolute poverty is a situation when a person lacks the basic needs in life like food, clothing and shelter. Relative poverty happens if a person is not able to meet the minimum standard of living. From 2019 a lot of people on the earth live in poverty. About 85 percent of people spend less than 30 pounds a day. Two-thirds of people spend less than 10 pounds a day and 10 percent of people spend less than 1.90 pounds a day. Government and non governmental organizations reduce poverty through supplying the basic needs to people who receive inadequate incomes (Wikipedia,n.d). The world's population that is suffering from poverty is more than 10 percent but the population of the world that lives in poverty is 11percent. This means they live on 1.90 pounds a day. In 1990 35percent of the population of the world were living in poverty. Poverty could be defined as a condition in which a person lacks material possessions (Britannica,n.d).

#### **OBJECTIVES OF THE STUDY**

To find out the causes of poverty

To find out effect of poverty on family

To find out the effects Poverty on the society

To find out the effects of poverty on health

To find out the effects of poverty on children

To find out the effects of poverty on education

## **CAUSES OF POVERTY**

### **Lack of access to clean water and nutritious food**

Presently more than 2 billion people never use clean water in their various homes and 800 million people suffer from starvation. When people do not get enough food and water, they create a loss of strength to work but also causes disease like diarrhea. If people journey long distance to have access to clinic, it affects the population financially.

### **Employment**

A lot of people are not getting jobs to do and how to make ends meet have become a problem to them. In developing and rural part of the world unemployment is a big issue. Overexploited of resources like fishes or minerals has created problem in the traditional way of living. Example in Democratic republic Of Congo many of the population live in rural areas where natural resources had been exploited for centuries of colonialism.

### **Conflict**

Conflict brings poverty in places like Syria created violence, demolished infrastructures make people run away and had no access to quality education.

**Infrastructure:** Lack of infrastructure such as roads, bridges and wells carry on the daily of man which make people living in the rural areas to become isolated.

**Lack of government support:** A lot of people in the United States aware of the social welfare programs that people can get help if they need healthcare or food assistance. And not every government that provide this support..

## **THESIS STATEMENT**

The problem statement of the study was "The impact of poverty on the life of man. The study found out the causes of poverty, the effects of poverty on family, Children, society, education and on health

## **THE EFFECT OF POVERTY ON FAMILY**

- Poor parents have high level of stress which affects relationship and family dynamics.
- Poverty creates divorce and domestic violence.
- poor families have more stress and they always feel unhappy in life.
- Family problems often become common in poor families.
- Poor families have fewer resources to deal with problems in life.
- Poverty can create interparental conflict

- Through poverty, children and parents could fight due to economic pressure.
- Poverty makes it difficult for parents to spend enough time with their children caring for them.

#### **THE EFFECTS OF POVERTY ON CHILDREN**

- Poverty hinders physical growth due to malnutrition.
- Poverty retards social and emotional development.
- Poverty shortens life.
- Poverty creates chronic health problem
- Poverty causes infant and child mortality rates
- poverty retards children's improvement in life
- Poverty brings hunger, neglect, insecurity and instability into life of children.
- Poverty creates violence.

#### **LITERATURE REVIEW**

Many writers have expressed their views on poverty which enable us to understand that poverty is not good. Notwithstanding the various views of the writers, the study is limited to the impact of poverty on the life of man and considered what other writers have written inline with the subject under study. In reference to (compassion,n.d) an article entitled "A look at poverty in the world" states that billions of people in the world are very poor but 1 out of 10 people in the world live below the internal poverty line. This implies 689 million people find it hard to spend less than 1.90 pounds a day. Almost 2 billion people or 2629 percent of the population of the world spend less than 3.20 pounds a day. Those who are very poor do not have support, struggle to prosper and never benefit from the world economy. They do not have enough food, no clean water, good shelter, no access to health care and no access to education. The World Bank defines poverty as a state of being in which one pass through these conditions such hunger, no shelter, fall sick and unable to consult a doctor, lack of access to school and can't read, unemployed etc. The World Bank came out with non- income dimensions of poverty and the indicators are health, education, social services and social capital. The indicators help us to understand the meaning of global poverty and enable us to know that poverty is a big problem depending on region, country, community and family. In reference to (savethe children,n.d) an article written says that poor families are not able to invest in their children such as providing food or clothes. When poor families experience unexpected incidence like earthquakes, increase food prices, it brings hardship on them. In this case children suffer a lot but child poverty is neglected in the national strategies for poverty reduction. Save the children desires that the world should include children and young people in the poverty reduction. In order to do away with low and insecure incomes which hinder children from serving, learning, protected and to end the spread of poverty to future generations. With regards to the views of the writers, the study investigated into the causes of poverty, the effects of poverty on education, society, family, children and on health.

### **THE EFFECTS OF POVERTY ON THE SOCIETY**

- poverty creates accidents due to uncondusive working environment.
- Poor housing - That brings long lasting diseases
- Poverty causes water and food related diseases because the poor finds hard to get access to clean water and nutritious food.
- Poverty creates social tension and threatens to divide a nation.
- poverty causes life-long hindrances and problems which are passed on from one generation to another generation.
- Children are not able to attend school because of unemployment and low incomes.
- Children ought to work hard to provide income for their families.
- Poverty creates poor sanitation which cause diseases.
- Poverty causes self-destructiing habits like drinking alcohol and abusing drugs as a way to be set free from stress.

### **EFFECTS OF POVERTY ON EDUCATION**

- Children from poor homes do not attend school and many of them are not able to finish school
- Poor parents do not have access to lay good foundation for their children's education.
- Children from poor homes are not developed to become responsible adults
- Poverty kills children's readiness to attend school.
- Poor Children become excluded and embarrassed which make them feel unhappy in life.
- poor children lack educational facilities and are not able to complete school
- A few of the poor children are capable to finish school unlike wealthier children who are able to graduate from high school and go to college.
- Poor Children receive low qualification in education.

### **EFFECTS OF POVERTY ON HEALTH**

- Poverty worsening the condition of poor health
- Poor health makes community to become poor.
- Infectious and neglected tropical diseases kill millions of poor people.
- People are not able to live on balance diet. Because of this, they have health, behavioral and cognitive problems.

- Children living in overcrowded room are likely to get meningitis, respiratory difficulties and mental problems such as anxiety and depression.
- According to millennium cohort poor children get mental problem at the age of 11 years.

## **METHODOLOGY**

This chapter covers research design, research strategy, research approach, sampling design, the source and the method data collection. The study used explanatory research design. Through this, the objectives of the were achieved. The research strategy used was cross-sectional survey where papers published were chosen as a case study. The research approach used was qualitative research approach because the study investigated into impact of poverty on the life of man. The sampling design was consultation of papers. The source of collecting data for writing this paper was primary source and the method of collecting data was research. The population of the study was considered.

## **SAMPLING DESIGN**

Papers published by journals and papers published at various websites were thoroughly investigated into.

## **POPULATION OF THE STUDY**

10 authors were considered as the population of the study.

## **THE SOURCE AND THE METHOD OF DATA COLLECTION**

The source of collecting data for the study was primary source and the method of data collection was research into published papers.

## **SUMMARY OF FINDINGS, CONCLUSION AND RECOMMENDATION**

### **SUMMARY OF FINDINGS**

The study discovered that causes of poverty, the effects of poverty on family, Children, society, education and health.

### **CONCLUSION**

The study found out that poverty affected families children, society, education and health. Due to the above mentioned points, the study generalized that poverty had affected the life of man badly.

### **RECOMMENDATION**

#### **Economy**

The government should work hard to stabilize the economy of their countries in order to improve upon the living standards of the people. This will help to reduce poverty rate.

### **Parents**

Parents ought to work hard to send their children to school and help them to advance their education. Out of this, they will get better job to do in the future.

### **Institution**

Government must set-up institution to educate the public on the guidelines to come out of poverty

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